***Newtown VNA Presents:***

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**“Matters of the Heart: An Integrative Approach to Cardiovascular Disease”**

According to John Hopkins School of Medicine, Cardiovascular Disease (CVD) is the cause of more deaths than cancer, respiratory diseases and accidents combined. The latest data states that more than 1/3 of all these deaths can be prevented. 

***In this brief lecture, Dr. Kenneth Hoffman, DACM, Medical Director of SOPHIA Natural Health Center in Brookfield,*** will introduce innovative information to detect early risk factors of CVD including tests and treatment that can successfully prevent CVD, naturally. ***This is information that every person should know if they want to live a long, healthy life!***

**Tuesday, February 5th, 2019**

****When: 9:30 am – 10:00 am  
Where: Newtown Municipal Center, Council Chamber, 3 Primrose St., Newtown, CT  
Cost: FREE**

***Dr. Kenneth Hoffman, DACM, L.Ac., CCH,****is the Medical Director for SOPHIA Natural Health Center located in Brookfield, CT. It is one of the busiest holistic clinics on the East Coast.  He is co-author of the book* ***“Essential Remedies for Women’s Health”*** *and host of the radio talk show* ***“The Natural Medicine Connection”*** *on 800/94.1 WLAD every Saturday, from 10 to 12 p.m.****SOPHIA Natural Health Center is located at:*** *31 Old Route 7, Brookfield, CT 06804   
(203) 740-9300 Web: inm.center*