

Allergies:

A Natural Medicine Solution

**Saturday, May 7
10:30 - 11:30 a.m.
Farioly Program Room**

Over 100 million Americans have allergies or allergy-related problems. Sneezing, itchy eyes and skin rashes only "scratch" the surface of allergy problems. Fatigue, depression, migraines, rheumatoid arthritis, colitis, asthma, learning problems, hyperactivity, and even diabetes can be connected to allergic conditions. Allergies are the 6th leading cause of chronic disease in the U.S. costing the healthcare system over \$18 billion annually.



**Learn about an Integrative Natural Medicine approach to identifying and treating allergies
and
how to help your organs and immune system handle allergens more effectively.**



Presenter: Kenneth Hoffman, D.Ac. (RI), L.Ac., CCH Medical Director of SOPHIA Natural Health Center, Brookfield, CT. SOPHIA is the largest natural health and wellness clinic in CT, combining the traditional healing arts of Chinese and Naturopathic Medicine with modern science.

FREE! REGISTRATION IS REQUIRED online at danburylibrary.org, click on "Events" or call 203.797.4527.